

Foyle Mental Health Admission Criteria

- Be over the age of 18 years at the time of referral
- Reside in the Derry/Londonderry locality. Referrals will primarily be sought within a 5-mile radius of the Praxis Care office (BT48 0LD).
- Have an enduring mental health need
- Show a range of both support and care needs
- Be agreeable to the referral being made and, where possible, have had an opportunity to meet with the service prior to accepting any offer

Referrals will be accepted from the WHSCT including Mental Health Recovery Teams, Primary Care Teams and Social Work Practitioners based in GP surgeries in the Derry/Londonderry locality and the NIHE.

Housing is not provided as part of this service.

Foyle Stepdown Admission Criteria

- Be over the age of 18 years at the time of referral
- Have a mental health need
- Have a range of low-level care needs
- Be agreeable to the referral being made and, where possible, have had an opportunity to meet with the service prior to accepting any offer

Referrals will be accepted from the WHSCT including Mental Health Recovery Teams, Primary Care Teams and Social Work Practitioners based in GP surgeries in the Derry/Londonderry locality. Foyle MH service will also be able to directly refer to the Foyle Stepdown service to help transition service users from intensive support to a lower care service.

Referrals will primarily be sought within a 5-mile radius of the Praxis Care office (BT48 0LD).

Foyle Mental Health Services

We believe that anyone living with mental ill health should be supported in their home in a community setting that works for them to live the life they choose.

Our staff receive specialist training in Mental Health First Aid including Recovery Model, Positive Behaviour Support, Suicide Awareness, KUF (knowledge and understanding framework personality disorder), Addictions, Deprivation of Liberty Safeguards and Mental Capacity Act training. Staff also have a range of expertise working with individuals with mental health issues through qualifications, training and experience.

Staff are available for support including during evenings (Mon-Fri) and weekends.



Enquiries or Referrals

Let's talk about how we can work together

Contact service details: 028 71308020

www.praxiscare.org

Empowering lives that are valued, meaningful and inclusive, regardless of the complexity of need, every day.

Praxis Care's Mission



Foyle Mental Health & Stepdown Services



About Praxis Care

Shaped around the individual

- We are a health and social care charity with 40 years' experience.
- We work with over 1,500 people with mental ill health, autism spectrum conditions, learning disabilities and dementia.
- Our services are innovative, professional and high-quality for people across the spectrum of need, particularly at the higher level of complexity.
- Our services for children, young people and adults are spread across Great Britain, Northern Ireland, the Isle of Man and the Republic of Ireland.
- We co-develop bespoke plans for individuals in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes.

Foyle Mental Health Service

Service Details

Foyle Mental Health is a 17-place Mental Health Peripatetic (intensive community housing support) service funded by Supporting People, NIHE and the Western HSCT. The service delivers intensive housing-related support with care to individuals with mental health needs to optimise levels of independence and promote wellbeing. Individuals should have their own tenancy in the community or be willing to be supported to achieve this as part of any initial support. The support/care package is approximately 6 hours per week.

Range of Support Available

This list is not exhaustive

- Support to source accommodation
- Ongoing tenancy sustainment support eg; cooking, cleaning, ironing, gardening
- Daily living skills
- Home safety support/ advice
- Shopping/menu planning/dietary advice
- Social/leisure activities
- Use of public transport
- Use of technology
- Ordering/picking up medication
- Accessing community supports
- Benefit advice/support
- Practical/emotional support with mental well-being
- Sign posting
- Building relationships and social networks
- Relieving social isolation and lifestyle enhancement
- Advocacy including support to attend appointments
- Support to access employment, volunteering, training and skill-building opportunities
- Addiction advice
- Listening ear/ companionship

Foyle Stepdown Service

Foyle Stepdown is an 8-place mental health service delivering low-level care (approximately 3 hours per week) in individuals' own homes to enable them to successfully live within their community by maintaining their wellbeing. The service is commissioned by the Western HSCT and can offer a transition between higher support/care services and full independence.

