

Foyle Young People Admission Criteria

- Age 16 to 21 years at the time of referral
- Agreeable to the referral being made and, where possible, have had an opportunity to meet with the service prior to accepting any offer
- A care leaver, at risk of homelessness or has other complex needs

Referrals will be accepted from the WHSCT and the NIHE.

Scan QR code for the Foyle Young People referral form



Stepdown Admission Criteria

- Age 18 to 25 years at the time of referral
- Agreeable to the referral being made and, where possible, have had an opportunity to meet with the service prior to accepting any offer
- Requires intensive support in the community
- Has a range of support needs appropriate to the high level of support provided by the service

Scan QR code for the Stepdown referral form



Referrals can be accepted from a wide range of professionals.



Empowering lives that are valued, meaningful and inclusive, regardless of the complexity of need, every day.

Praxis Care's Mission

Enquiries or Referrals

Let's talk about how we can work together

Tel: 028 71370575

Email: foyleyp@praxiscare.org.uk

praxiscare.org

"As young people build their skills, their self-esteem and confidence grow. We just want to genuinely support them to live as part of their community."

- Rachel McLaughlin,
Support Worker



Foyle Young People & Stepdown Services



About Praxis Care

Shaped around the individual

- We are a health and social care charity with 40 years' experience.
- We work with over 1,500 people with mental ill health, autism spectrum conditions, learning disabilities and dementia.
- Our services are innovative, professional and high-quality for people across the spectrum of need, particularly at the higher level of complexity.
- Our services for children, young people and adults are spread across Great Britain, Northern Ireland, the Isle of Man and the Republic of Ireland.
- We co-develop bespoke plans for individuals in a range of community settings — dynamic to changing need and focused on meaningful individual engagement and outcomes.

"They have made sure that, and shown me that, they will help me every step of the way... which I really appreciate."

- Chaise Shelford, Resident

Foyle Young People Service

Foyle Young People Service promotes the principles of choice, dignity and confidentiality. A person-centred approach is utilised and each young person is involved and empowered to gain independence. There are 6 self-contained units in the service.

Intensive support is available 24/7.

Stepdown Service

The Stepdown Service provides intensive support to young people between 18 and 25. The service is offered to people with complex needs to enable them to maintain their tenancies or support them to progress to living independently. Staff are available 24/7: visits in the community take place up until 8pm everyday with telephone support available thereafter during the night. Our approach is flexible and holistic, which is person-centred and provides early intervention and crisis intervention.

Capacity is for 15 individuals. The service is provided for up to two years.

Range of Support Available

This list is not exhaustive

Support with

- Complex needs and behavioural needs
- Finding suitable accommodation if required
- Setting up a home
- Maintaining a home
- Developing social skills
- Developing life skills
- Benefits and budgeting
- Health and wellbeing
- Daily activities
- Accessing education, training and employment
- Socialisation, family, relationships
- Independence
- Emotional support
- Sexual health
- Legal support and guidance
- Referrals and signposting

Stepdown Support

- Support with setting up and maintaining a home
- Developing life and social skills
- Benefit advice and budgeting
- Advice on health and well-being
- Support with training, education and employment
- Support with mental health and complex needs

