



Praxis Care

Annual Report 2009/2010



Praxis
care

Vision Statement

Excellence and Innovation in Supported Living.

Mission Statement

Providing excellence and innovation in care and support to vulnerable children and adults affected by mental ill health, learning disability, acquired brain injury or dementia.

THE CHAIRMAN AND CHIEF EXECUTIVE REMARKS

Over the last 12 months Praxis Care has increased its services by winning a number of significant new contracts including services in England and in the Republic of Ireland.

Turnover has increased over the year by 8% when other charities on average are experiencing decreases in income.

The organisation has continued to strive to deliver excellent services which provide positive outcomes for the people who use Praxis Care services. Audit systems and continuous improvement processes have been developed and implemented to provide an evidence base for quality.

At the centre of delivering these services is a loyal and committed staff group and volunteers who often go the 'extra mile' in helping to transform the lives of service users. The annual staff awards ceremony seeks to recognise examples of excellence within the organisation and recognition of achievements.

The incoming year will bring uncertainty for the Voluntary Sector with public spending retraction but Praxis Care is confident in being fit for purpose and ready to face future challenges.

The last 12 months have witnessed a number of significant changes at a national and local level.

The changes in government have heralded a new era of partnership working and a desire to deliver on the vision of a "Big Society". Retraction of public spending will require service providers to reshape services to produce savings while continuing to ensure that the quality of services are maintained and improved.

Praxis Care will rise to the challenge of the "Big Society" as the organisation believes it can match these new requirements. Praxis Care can demonstrate that it can provide excellent, innovative services while delivering up to 30 per cent saving to the public purse.

Praxis Care a charity at the centre of caring.



Nevin Ringland

Nevin Ringland - Chief Executive & Founder

Northern Ireland, Republic of Ireland, England and Isle of Man



WJ Canning

WJ Canning - Chairman

**In all aspects of life
Praxis Care has helped
me a great deal.**

Michelle



MICHELLE

"In all aspects of life Praxis Care has helped me a great deal.

They gave me the confidence to move on.

They gave me the opportunity to get back into work.

I have got back into work and this has helped to build a bridge with my family.

I'm so close to my family now because I've been off drugs and alcohol.

I'm a lot more close to my children and family than I have been for years.

They are quite proud of me and how I've turned out.

I am quite proud of myself and how I've turned out.

I'm very grateful to Praxis Care, for all the things they have done for me."



Minister of Health, Michael McGimpsey MLA and Praxis Care Board Member, John McGregor, with Nevin Ringland (Chief Executive / Founder Praxis Care) at the official opening of the second phase of St Paul's Court, Lisburn.

SIGNIFICANT EVENTS - April 2009/March 2010

New developments and services commencing 2009/10

Bury, England - May 2009

A major contract was won to provide a floating support service for people with substance misuse issues in Bury, Greater Manchester.

Trafford, England - December 2009

Praxis Care secured a tender for the provision of residential care for 19 service users with learning disabilities residing in three homes in Trafford Borough Council.

Brookvale, the Republic of Ireland - February 2010

Praxis Care won a significant contract for an 8 bedded residential home in Brookvale, Monaghan for people with learning disabilities and complex needs. The Health Service Executive (HSE) needed the service to be established quickly to accommodate individuals moving out of hospital. Praxis Care had the scheme up and running within 3 months.

Donabate, the Republic of Ireland - March 2010

A new service was implemented for 3 service users with learning disabilities and complex needs in Donabate, North East Dublin.



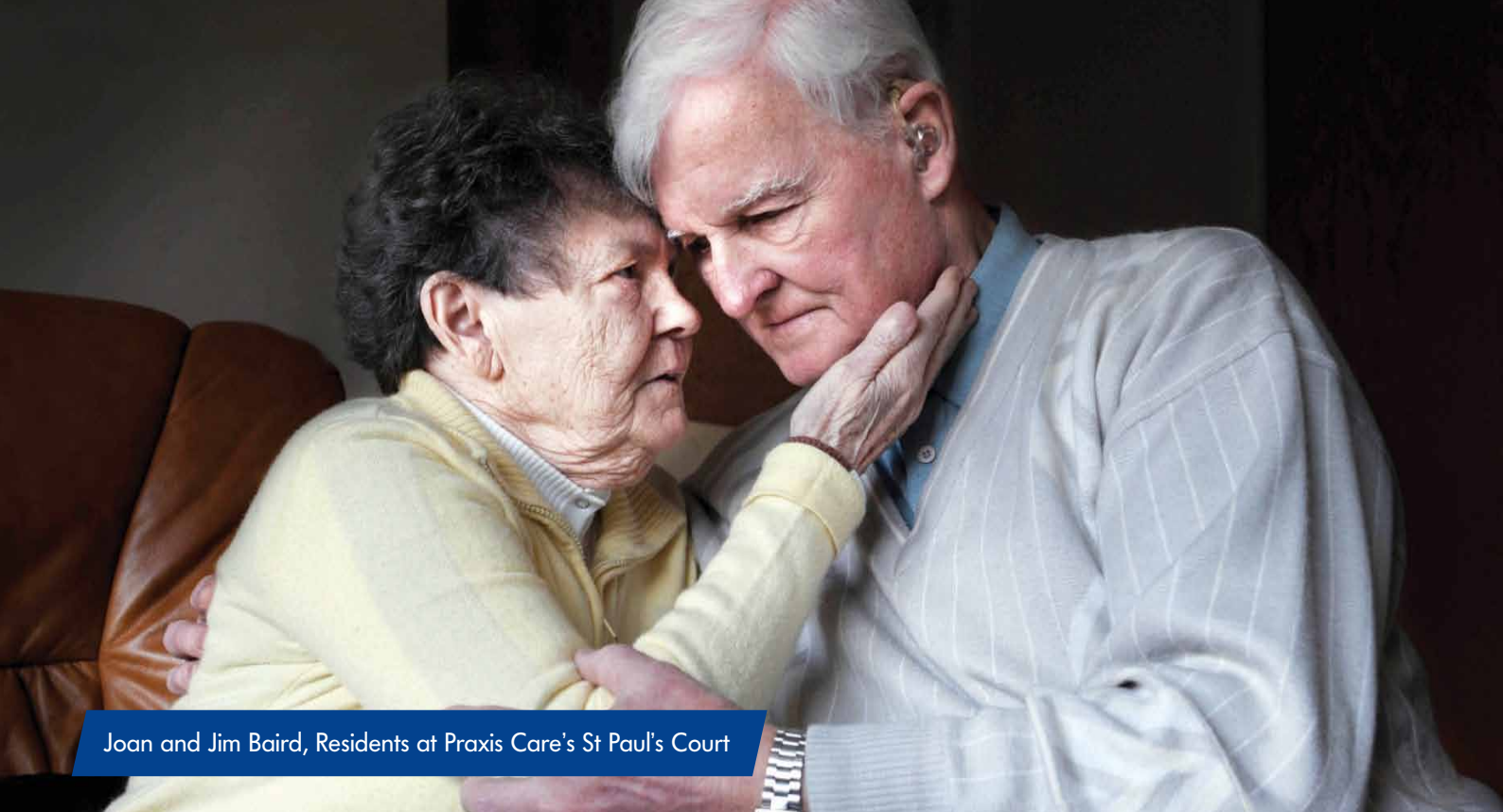
Norwood Drive, Trafford



Brookvale House



St Paul's Court



Joan and Jim Baird, Residents at Praxis Care's St Paul's Court

THE BAIRDS

Joan and Jim Baird, Residents at Praxis Care's St Paul's Court Dementia Accommodation and Support Scheme

Jim says: "Joan and I are 19 years retired. I used to work as a civil servant and Joan worked in a local factory in Lisburn. We have lived all our lives in Lisburn. After an angina attack, six years ago, Joan had to go to hospital and at that time was diagnosed with dementia.

Whilst in hospital it was recommended that she should go into a nursing home. However my family and I were very keen that Joan return home. She returned to our home and was looked after by my family and myself along with local carers. After a case conference it was recommended that Joan should move into a home on a permanent basis.

My son had heard of St Paul's Court and he recommended that we should consider moving in. After a visit we agreed to move in as a couple and we have been in St Paul's now for two years and have settled in well. Joan has a carer who comes in every morning. This is really important as it gives me a chance to go for a walk and get some exercise.

During the day we can come and go as we please and every evening Joan calls over to the main centre for the supper club. Also once a week a carer comes in to look after Joan and I can go out to play some snooker.

We would love to stay living in our own home but the nature of the dementia means Joan requires day to day support. More than anything else what St Paul's offers is peace of mind for me and my family. They know that Joan and I are living in a safe and supported home"



Lynn Stevenson (Boots), Caroline Moran (15 years long service award), Nevin Ringland

SIGNIFICANT EVENTS CONTINUED

Advertising and marketing campaign

The new corporate identity of Praxis Care was launched to promote the work of the organisation within the communities it serves.

The theme of the promotion campaign was 'Praxis Care Provides' and focused on the core work of Praxis Care in providing accommodation and support services to people with mental ill health, learning disability, acquired brain injury and dementia.

The campaign utilised a range of media including TV, radio, newspapers and magazines to promote the work of the organisation.

It is hoped that greater awareness of the organisation and what it does will help us to achieve a greater understanding both from the public and politicians.

The promotion evidenced that Praxis Care enhanced the lives of its service users by employing and developing excellent staff in the delivery of quality services.

Staff Awards Ceremony

The annual staff awards took place at La Mon House Hotel, Belfast.

At the awards ceremony, staff were recognised for going the extra mile above and beyond their normal job responsibilities.

Baroness May Blood and Lynn Stevenson from Boots presented the awards followed by entertainment from the comedian Simon Evans. A terrific performance was presented by service user, Danny and his friends from Praxis Care Foyle Services.



Baroness May Blood and Rhona Quinn (Staff Member who has volunteered and most actively participated in activities, which have been of benefit to Praxis Care)



Lynn Stevenson, Geraldine Irwin (10 years long service award) and Nevin Ringland



Local writer, actor and broadcaster Tim McGarry ("Da" in Give my Head Peace) presented a 20 year special achievement award to Barbara McCann to recognise her 20 years of volunteering for Praxis Care.

SIGNIFICANT EVENTS CONTINUED

Befriending awards

The Praxis Care Befriending Scheme operates throughout Northern Ireland and in the Isle of Man. Schemes are located in Belfast, Foyle, North Down and Ards, Antrim, Magherafelt, Cookstown, Lurgan and Isle of Man.

The scheme matches volunteers with people who are suffering from or are in danger of developing mental ill health as well as people with learning disabilities.

The Praxis Care annual befriending awards event provides a forum to recognise the valuable support given by volunteers.



Phyllis Cassidy, Nella Weatherup, Tim McGarry and Jo MacOscar



Tracy Lindeque, Ian Galloway (Befriender - Isle of Man), Tim McGarry, Louise Smith (Befriender - Isle of Man) James Tahsin - both Ian and Louise received their 5 year awards.





Amanda

AMANDA

Amanda, the sole carer for sister Cheryl, who has a severe learning disability, explains the importance of the Praxis Care residential short break service.

“From when my mum died, I have had sole responsibility for looking after Cheryl.

The service provided by Praxis Care at one of their residential children's homes has been a big part of our life.

My own health has not been great so I couldn't have coped.

Without them I would have been totally lost.

They offer a great range of activities and support and Cheryl really enjoys staying there.

She is in a comfortable environment .

I really couldn't thank them enough.

Basically for me it is the stability of knowing she is safe here.

If anything occurs they are quick to let me know.

We work well together.

I wouldn't have her anywhere else other than here.

I have been very lucky in that respect “



SERVICE USERS' SURVEY

Every 2 years Praxis Care carries out a survey of service users' and carers' views on the services provided by Praxis Care. Individuals are asked how happy they are with the service they receive from Praxis Care and make suggestions for improvement.

The survey "Views from Users" 2008 was published in 2009. The overall response rate across the organisation was 58%. The responses from the survey indicated that:

- 96% were happy with the services provided to them;
- 96% believed that their quality of life had improved as a result of using the services;
- 97% would recommend Praxis Care to others in need of similar help.

'I feel that I am in the right place and can say that I have received the best care'

Service User, Lisburn dementia accommodation service

'I like all the care I receive. All the Praxis Care team are lovely. I couldn't manage without all the help they give. I can't praise them enough. They are all great people.'

Service User, Isle of Man mental health home response service

'The emotional support has been excellent. I have become a better, more rounded person since Praxis Care assumed responsibility for my care'

Service User, Larne mental health accommodation service



QUALITY MANAGEMENT SYSTEM

Praxis Care strives for continuous quality improvement. As part of this focus, during 2009/10 the Governance Department began a comprehensive review of all policies and procedures throughout the organisation.

The revised procedures will cover all aspects of the organisation's work from care and support through to central administration.

The review will enable the organisation to improve standards, resulting in a higher quality management of services and thereby improve the lives of Praxis Care service users.

MANAGEMENT INFORMATION STRATEGY

During the year, a new Management Information Strategy was agreed by the Senior Management Team and Board. The strategy will enable the organisation to utilise effective and appropriate information technology to manage and monitor the implementation of the service standards under the Quality Management review.

The new systems will be rolled out over the next three years and will allow the organisation to manage its resources better, thereby improving support to service users.

PRAXIS CARE STATISTICS 2009/2010

Number Of Staff	
Permanent	827
Relief	277
Total:	1104

Number Of People (Adults) Praxis Care Provides A Home To:	
Learning Disability And Acquired Brain Injury	186
Mental Health	250
Elderly	40
Total:	476

Number Of People (Adults) Praxis Care Help In Their Own Home:	
Home Response	193
Floating Support	163
Total:	356

Number Of People (Adults) Who Attend Praxis Care Day Activity/Workskills/ Lunch Clubs:	
Mental Illness	104
Learning Disability	129
Total:	233

Number Of Children Receiving Respite Services:	
Total:	100

Number Of Children In Receipt Of Respite And Accommodation Services:	
Total:	104

Number Of Volunteer Befriending Matches:	
Total:	129

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

(incorporating the income and expenditure account) for the year ended 31 March 2010

	Unrestricted funds 2010 £	Restricted funds 2010 £	Total funds 2010 £	Total funds 2009 £
Income from generated funds				
Voluntary income	42,181	-	42,181	30,025
Activities for generating funds	43,763	-	43,763	-
Investment Income	5,918	-	5,918	32,264
Income from charitable activities	24,307,937	121,304	24,429,241	22,917,772
Other incoming resources	40,403	-	40,403	-
Total Incoming Resources	24,440,202	121,304	24,561,506	22,980,061
Resources Expended				
Costs of generating funds	172,689	-	172,689	22,235
Charitable activities	23,140,676	161,347	23,302,023	20,793,341
Governance costs	31,065	-	31,065	74,921
Other resources expended				
Impairment of freehold property	540,470	-	540,470	1,544,474
Total Resources Expended	23,884,900	161,347	24,046,247	22,434,971
Net incoming resources	555,302	(40,043)	515,259	545,090
Exceptional item	-	-	-	975,000
Revaluation of freehold property	(333,632)	-	(333,632)	(1,943,910)
Unrealised (deficit)/gains on investments	3,047	-	3,047	(4,150)
Unrealised foreign exchange gain	(97,013)	-	(97,013)	563,241
Net movement in funds for the year	127,704	(40,043)	87,661	135,271
Transfer between funds	23,670	(23,670)	-	-
Total funds brought forward	11,295,872	146,142	11,442,014	11,306,743
Total funds carried forward	11,447,246	82,429	11,529,675	11,442,014

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

PRAXIS CARE STATISTICS 2009/2010

Mental Health Schemes			
Antrim	Dispersed Intensively Supported Housing - 16 places	Lisnaskea	Flat cluster and Floating Support - 11 places
Armagh	Supported living accommodation in 3 bungalows - 12 places	Lurgan	Dispersed Intensively Supported Housing - 21 places
Ballyclare	Supported living group house and flat cluster - 18 places	Magherafelt / Cookstown	Dispersed Intensively Supported Housing - 15 places
Banbridge	Supported living group house and flat cluster - 18 places	Plasden Court, Manchester	Dispersed Intensively Supported Housing - 20 places
Bangor	Residential flat cluster - 6 places	Newry	Supported living group house and flat cluster - 12 places and a Home Response Service
Belfast Advocacy Project	Carer Advocate provides support to carers in North and West Belfast	Newry - Korsakoff	Supported living group house - 5 places
Coleraine	Dispersed Intensively Supported Housing - 15 places	Newtownards	Dispersed Intensively Supported Housing - 8 places
Derry City	Dispersed Intensively Supported Housing - 12 places	Planet B, Antrim	Drop-in centre for young people
Dunmisk Manor, West Belfast	Residential flat cluster - 16 places	Portadown	Dispersed Intensively Supported Housing - 14 places
Foyle Young People	Supported living flat cluster - 6 places	The Star Club, Isle of Man	Club House day centre offering drop-in service and training programmes
Isle of Man Home Support Service	180 hours per week to clients living at home	West Belfast	Dispersed Intensively Supported Housing - 16 places
Isle of Man Supported Living Accommodation	5 individual flats with 24 hour staff support in Douglas 5 individual flats with outreach support in Douglas	Young People Leaving Care, Antrim	Befriending service for young people leaving care
Larne	Dispersed Intensively Supported Housing - 6 places	Bury Floating support	Floating Support Service for people with substance abuse issues
Laurel Lodge, Larne	Supported living group house and flat cluster - 12 places		

Dementia Schemes			
Clements Court, Foyle	Individual flats with housing support services - 13 places	Lisnaskea	Floating Support Service
Coleraine Floating Support	Floating Support Service	Parklands, Lisburn	Supported living group house - 8 places
Foyle Floating Support	Floating Support Service	St Paul's Court, Lisburn	Purpose built accommodation with 15 2-bedroom bungalows and 8 flats - 38 places

Learning Disability Schemes			
Pettigo Road, Kesh	Supported living accommodation - 10 places	Galliagh House, Enniskillen	Residential care home - 24 places
Forest Hill, Conlig	Supported living accommodation - 16 places	Glenfield, Leicestershire	Children's respite care unit - 4 places
Beechfield Respite Unit, Conlig	Children's respite care unit - 30 places	Glenroyd, Isle of Man	Supported living accommodation - 5 places
Blanchardstown	Domiciliary care unit providing care and support - 1 place	The Willows, Kesh	Supported living accommodation - 4 places
Blooms Café, Foyle	Coffee shop providing work skills programme - 7 places	Kesh Day Care Centre	Day care service for adults - 12 places
Bocombra Cookie Company, Portadown	Work skills programme where service users make, package and sell cookies to local shops and coffee shops - 11 places	Kimberley House, Newtownards	Residential care home - 13 places
Castle Lane Court, Lurgan	Supported living accommodation - 20 places	Le Bistro, Kesh	Bakery and café providing work skills programme - 5 places
Conlig Work Skills	Work skills programme where service users make, package and sell cookies to local shops and coffee shops as well as working in the gardening project - 27 places	Mantlin Cottage, Kesh	Residential care home - 9 places
Coombe House, Kidderminster	Nursing care accommodation for adults - 12 places	Meenalig and Swan House, Navan	Supported living accommodation for people with mild to moderate learning difficulties and challenging behaviour - 10 places
Cornerstones, Ardee	Supported living accommodation specialising in male adults with autism - 4 places	Melton, Leicester	Children's respite care unit - 4 places
The Courtyard, Crumlin	Supported living accommodation - 12 places	Mullingar	Residential care unit for adults - 4 places
Donabate	Community House providing care and support - 3 places	Baxter Avenue, Kidderminster	Residential care unit for adults - 2 places
Foyle Age Appropriate Day Care	Day care service for older adults	Rainbow Lodge, Ballymena	Children's respite care unit - 8 places
Foyle Befriending	Volunteer befriending programme for adults	Rivermead, Kidderminster	Supported living accommodation for adults - 2 places
Foyle Cookie Company	Work skills programme where service users make, package and sell cookies to local shops and coffee shops - 16 places	Rose Orchard, Kidderminster	Nursing care accommodation for adults - 5 places
Forest Lodge, Portadown	3 residential care homes - 9 places	The Secret Garden, Hillsborough	Coffee shop and garden centre offering work skills programme - 25 places

The Northern Ireland Agoraphobia and Anxiety Society (NIAAS), although a separate charity in its own right, receives management and support services from Praxis Care. NIAAS provides counselling and support to people suffering from agoraphobia anxiety and panic attacks.

BOARD MEMBERS

Mr Bill Canning (Chair)

FIPD, MHSM, Cert. Health Eco

Dr Oliver Shanks

MB, BCh, BAO, MRCP, FRCPsych

Mr John McGregor

MSc Eng

Miss Margaret Stevenson

Board Member

Miss Anne Vance

M.A., Dip. Ed., LGSM – Speech

Mr Vincent Malone

Fellow of Institute of Bankers in Ireland

Mrs Rosaleen Moore

OBE

Mr Arthur Canning

Dip. (Est Man), MB.Eng, Assoc. RICS, MCMI, MAPM

SENIOR MANAGEMENT TEAM

Nevin Ringland - Chief Executive / Founder

BSc, Dip Bus Admin

Irene Sloan - Director of Care, Quality and Governance

BSSc, MSSc, CQSW, CASW, CSWL, ASW

Alyson Dunn - Director of Care and Development

MA, IPDS, ISM, CQSW

Andy Mayhew - Director of Care

BA, MSSc, CQSW

Pauline Flynn - Director of Finance

BSSc (Hons), FICA, FCIT



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