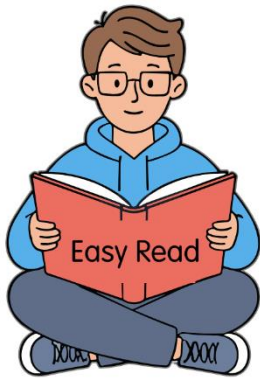




Praxis Care



Easy Read



Annual Report 2024 to 2025



What is an Annual Report?



An Annual Report is a document that tells you what an organisation has been doing over the past year.

Who are Praxis Care?



Praxis Care supports people with mental health needs, learning disabilities, autism and dementia.



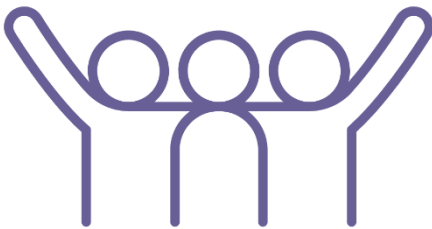
We work in Northern Ireland,
Ireland, Great Britain and the Isle
of Man.



A Special Year – 40 Years of
Praxis Care



In 2024, Praxis Care turned 40
years old!



We started as a small charity
helping people make friends.



Now we support thousands of
people to live full and independent
lives.



How We Celebrated:



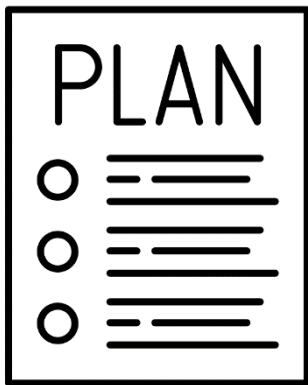
- 44 parties across 4 countries



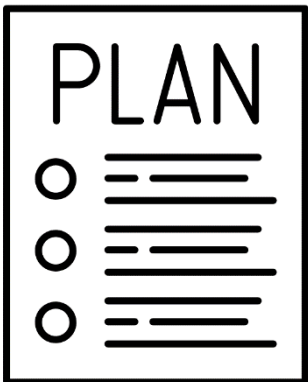
- 16 famous landmarks lit up in purple



- Lots of fun activities with families, friends and communities



Our Big Plan – Strategy 2020 – 2025



We had a plan to make services better.



We focused on:



- Listening to people we support



- Improving outcomes



- Supporting staff and communities



What We Achieved:



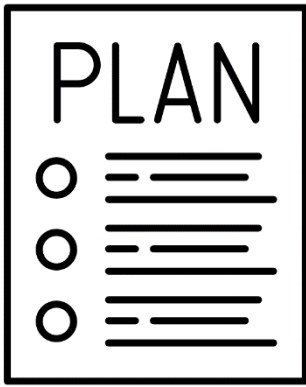
- Opened new services



- Grew by 45% in 5 years



- Learned what works best



Next we are planning our 2030 strategy.



Our goals:



- Keep providing high-quality care



- Have new ideas



- Keep helping people live with choice and dignity

Our Care and Services

We support people in many ways:



- Mental Health – homes and visits for people with mental health needs



- Autism – services for people with autism and their families



- Learning Disabilities – homes and services for adults and children with learning disabilities



- Physical Disabilities and Brain Injuries – Thie Quinney on the Isle of Man supports 9 people.



- Older People – Support for older people, including those with dementia.

Northern Ireland Highlights



In Northern Ireland we achieved a lot of things:



- We opened Ballymena Supported Living Service. People moved from group homes to their own apartments. This gives more privacy and independence.



- We started the Newry Bespoke Service as its own service.



- We made changes at Maine Valley Supported Living to help a person with complex needs. He moved from hospital to his own home.



- We created more spaces in some services so we can support more people.



- Celebrating Success Awards. We held an awards event at La Mon Hotel. These awards celebrated the achievements of the people in our services in Northern Ireland.



- Conlig Day Service won a gardening award and donated plants they grew to a local school.



Ireland Highlights

We also achieved a lot of things in Ireland:



- We started the SPELL Champions Programme. This helps our staff learn more about autism. It is working well and will grow even more next year.



- The Avenue in Ardee reopened in December. This is a modern service that gives people independence.



- Metges Road opened in January. This service was built with partners to give people safe, comfortable homes.



- Mullaghboy Day Service in Navan opened. This is a new service for activities, social time, and wellbeing.



- In the future we are opening new homes in Tipperary and Mayo. These are going to be modern and accessible.



- Celebrating Success Awards. We held an awards event at Mullingar Park Hotel. These awards celebrated the achievements of the people in our services in Ireland.



- Sean from Dunleer Day Service grew his hair for 3 years and donated it to the Rapunzel Foundation.



His hair will be used to make a wig for someone who has lost their hair.



- We held a big conference in County Meath where people talked about how our communities can be more friendly to people with autism.



Luke O'Daly from Swan House in Navan shared showed a video of his journey to independence.



Isle of Man Highlights



- Balleysleih Day Service received funding for wellness and community projects.



- We took over Thie Quinney, this is our first service for physical disabilities.



- Celebrations took place across the island in July, celebrating the achievements of the people in our services on the Isle of Man.

Great Britain Highlights



- Two celebrations took place, celebrating the achievements of the people in our services in Great Britain.



- We had to close some services, to focus on quality care.



How We Check Our Services



We asked people about their mental wellbeing – most people said it was good or very good.



We had some visits at our services to check we are working safely. These all passed, which means we are caring for people safely.



Volunteering



90 volunteers helped this year.
A volunteer is someone who helps other people without being paid.



Businesses also joined in with team days to help our services.



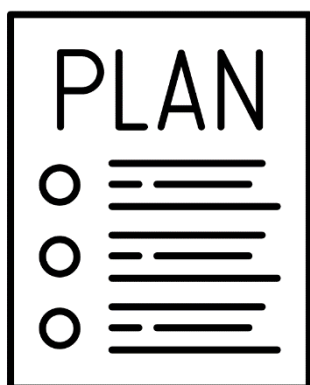
Roisin has volunteered with Praxis Care for 25 years. She spends time with people who may feel lonely.



New Ideas and Making Things Better



Our marketing team were busy. They launched a new website about Praxis Care.



They also helped plan the parties to celebrate Praxis Care's 40th birthday, and conferences where lots of people came together.



Our IT team worked hard to improve our security online and made it easier for people to work on Praxis Care computers.



The Property team were busy finding new homes and places so Praxis Care can help more people.



Our Research team worked with universities to make care better for everyone.