



Foyle Mental Health & Stepdown Service




About Praxis Care

Shaped around the individual

- Health and social care charity
- 40 years' experience supporting individuals with mental ill health, autism, learning disabilities and dementia
- Supports over 1,500 people
- Provides innovative, professional, high-quality support services to people across the spectrum of need, particularly at the higher level of complexity
- Services for children, young people and adults are spread across England, Northern Ireland, the Isle of Man and the Republic of Ireland
- Co-develops and delivers bespoke care and support in a range of community settings—dynamic to changing need and focused on meaningful individual engagement and outcomes

Praxis
Care



The background consists of a grid of overlapping circles. Most circles are white with a dotted inner border, set against a solid yellow background. A large, light yellow circle is centered behind the text, creating a focal point.

**Empowering lives that are valued,
meaningful and inclusive,
regardless of the complexity of
need, every day.**

Praxis Care's Mission

Foyle Mental Health Services

We believe that anyone living with mental ill health should be supported in their home in a community setting that works for them to live the life they chose.

Our staff receive specialist training in Mental Health First Aid including Recovery Model, Positive Behaviour Support, Suicide Awareness, KUF (knowledge and understanding framework personality disorder), Addictions, Deprivation of Liberty Safeguards and Mental Capacity Act training. Staff also have a range of expertise working with individuals with mental health issues through qualifications, training and experience.


Staff are available for support including during evenings (Mon–Fri) and weekends.

Foyle Mental Health Services

Service Details

Foyle Mental Health is a 17-place Mental Health Peripatetic (intensive community housing support) service funded by Supporting People, NIHE and the Western HSCT. The service delivers intensive housing-related support with care to individuals with mental health needs to optimise levels of independence and promote wellbeing. Individuals should have their own tenancy in the community or be willing to be supported to achieve this as part of any initial support. The support/care package is approximately 6 hours per week.

Foyle Stepdown is an 8-place mental health service delivering low-level care (approximately 3 hours per week) in individuals' own homes to enable them to successfully live within their community by maintaining their wellbeing. The service is commissioned by the Western HSCT and can offer a transition between higher support/care services and full independence.



Foyle Mental Health Admission Criteria

Individuals must meet the following referral criteria:

- Be over the age of 18 years at the time of referral
- Reside in the Derry/Londonderry locality.
Referrals will primarily be sought within a 5-mile radius of the Praxis Care office (BT48 0LD).
- Have an enduring mental health need
- Show a range of both support and care needs
- Be agreeable to the referral being made and, where possible, have had an opportunity to meet with the service prior to accepting any offer

Referrals will be accepted from the WHSCT including Mental Health Recovery Teams, Primary Care Teams and Social Work Practitioners based in GP surgeries in the Derry/Londonderry locality and the NIHE.

Housing is not provided as part of this service; however, referrals without a suitable tenancy will be supported on acceptance to the service to find appropriate housing as part of the package of support.

Foyle Stepdown Admission Criteria

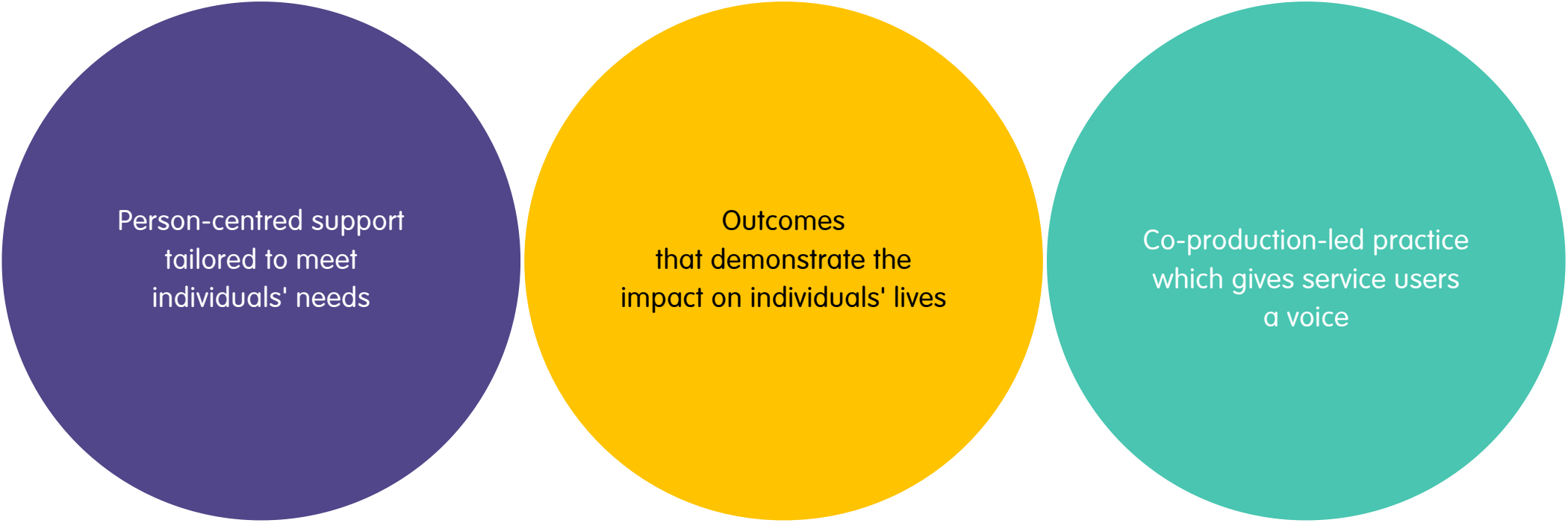
Individuals must meet the following referral criteria:

- Be over the age of 18 years at the time of referral
- Have a mental health need
- Have a range of low-level care needs
- Be agreeable to the referral being made and, where possible, have had an opportunity to meet with the service prior to accepting any offer

Referrals will be accepted from the WHSCT including Mental Health Recovery Teams, Primary Care Teams and Social Work Practitioners based in GP surgeries in the Derry/Londonderry locality. Foyle MH service will also be able to directly refer to the Foyle Stepdown service to help transition service users from intensive support to a lower care service.

Referrals will primarily be sought within a 5-mile radius of the Praxis Care office (BT48 0LD) but depending on need this area may be extended.

Praxis Care delivers



Person-centred support
tailored to meet
individuals' needs

Outcomes
that demonstrate the
impact on individuals' lives

Co-production-led practice
which gives service users
a voice

Support

This list is not exhaustive.

- Support to source accommodation
- Ongoing tenancy sustainment support eg; cooking, cleaning, ironing, gardening
- Daily living skills
- Home safety support/advice
- Shopping/menu planning/dietary advice
- Social/leisure activities
- Use of public transport
- Use of technology
- Ordering/picking up medication
- Accessing community supports
- Benefit advice/support

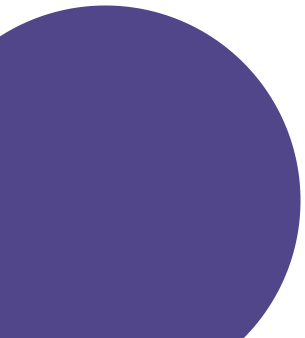


- Practical/emotional support with mental well-being
- Sign posting
- Building relationships and social networks
- Relieving social isolation and lifestyle enhancement
- Advocacy including support to attend appointments
- Support to access employment, volunteering, training and skill-building opportunities
- Addiction advice
- Listening ear/companionship

Enquiries or Referrals

Let's talk about how we can work together

Contact service details: 028 71308020



Praxis Care

Shaped around
the individual